

to Stapleford Abbots (HOW GREEN) & North Romford (CHASE CROSS) (Mon.-Sat. eves. excepted) Daily

VIA DAGENHAM EAST, BECONTREE HEATH AND ROMFORD

This Service is operated by Pay As You Enter buses.

A flat fare of 20p (child 8p) applies for any journey.

Please have your exact fare ready to pay as you board.

Mondays to Fridays ★—Between Rainham and North Romford buses run every 7-10 minutes until 1730

Rainham War Memorial★	0546	0604	0618	0632	0646	0701	0713	0720	0749	0819	0849	0919	0949
Dagenham East Station★	0557	0615	0629	0643	0657	0712	0724	0732	0802	0832	0902	0932	1000
Becontree Heath Civic Centre★	0604	0622	0636	0650	0704	0719	0732	0740	0810	0840	0910	0940	1007
Romford Station★	0612	0630	0644	0658	0712	0727	0741	0749	0819	0849	0919	0949	1016
Romford North Street Garage★	0618	0634	0636	0650	0704	0712	0718	0729	0733	0741	0747	0755	0825
North Romford Chase Cross★	0627	0643	0645	0659	0713	0716	0721	0727	0738	0742	0750	0756	0804
Havering Green	0646	0652	0716	0722	0741	0748	0807	0837	0907	0937	1010	1037	1044
Stapleford Abbots How Green	0652	0722	0748	0807	0837	0907	0937	1010	1037	1044			
Rainham War Memorial★	1019	1419	1448	1518	1545	1614	1644	1714	1744	1814	1821	1829	1837
Dagenham East Station★	1030	1430	1459	1529	1556	1626	1656	1726	1756	1804	1811	1819	1826
Becontree Heath Civic Centre★	1037	1437	1506	1536	1603	1633	1703	1733	1803	1811	1818	1826	1833
Romford Station★	1046	1446	1515	1545	1613	1643	1713	1743	1813	1821	1828	1836	1842
Romford North Street Garage★	1052	1452	1521	1551	1620	1650	1720	1750	1820	1828	1835	1842	1848
North Romford Chase Cross★	1104	1504	1533	1603	1633	1703	1733	1803	1833	1841	1853	1906	1910
Havering Green	1107	1507	1537	1607	1637	1707	1737	1807	1837	1844	1853	1906	1910
Stapleford Abbots How Green	1114	1514	1544	1614	1644	1714	1744	1814	1844	1853	1906	1910	1915
Rainham War Memorial★	1844	1852	1906	2326	2346	0006							
Dagenham East Station★	1855	1903	1917	2337	2357	0017							
Becontree Heath Civic Centre★	1902	1910	1924	2344	0004	0024							
Romford Station★	1911	1919	1932	2352	0012	0032							
Romford North Street Garage★	1917	1925	1938	2358	0018	0038							
North Romford Chase Cross★	1927	1947		0007									
Havering Green													
Stapleford Abbots How Green													

Saturdays ★—Between Rainham and North Romford buses run every 7-10 minutes from 1000 until 1800.

Rainham War Memorial★	0537	0607	0627	0642	0657	0712	0727	0742	0757	0812	0827	0842	0856	0909
Dagenham East Station★	0548	0618	0638	0653	0708	0723	0738	0753	0808	0823	0838	0853	0907	0921
Becontree Heath Civic Centre★	0555†	0625	0645	0700	0715	0730	0745	0800	0815	0830	0845	0900	0914	0929
Romford Station★		0633	0653	0708	0723	0738	0753	0808	0823	0838	0853	0909	0923	0938
Romford North Street Garage★		0614‡	0639	0658‡	0714	0729	0744	0759	0814	0829	0844	0859	0907‡	0915‡
North Romford Chase Cross★		0623	0648	0707	0723	0738	0753	0808	0823	0838	0853	0908	0916	0924
Havering Green			0711	0741	0811	0841	0911	0941	0971	1001	1031	1061	1091	1121
Stapleford Abbots How Green			0717	0747	0817	0847	0917	0947	1017	1047	1077	1107	1137	1167
Rainham War Memorial★	0923	0935	0945	1017	1747	1755	1806	1813	1821	1826	1831	1836	2336	2351
Dagenham East Station★	0935	0947	0957	1028	1758	1806	1817	1824	1832	1837	1842	1847	2347	2351
Becontree Heath Civic Centre★	0943	0955	1005	1035	1805	1813	1824	1831	1839	1844	1849	1854	2354	0009
Romford Station★	0952	1005	1015	1045	1815	1821	1832	1839	1847	1852	1857	1902	0002	0017
Romford North Street Garage★	0958	1002‡	1012	1052	1822	1827	1838	1845	1853	1858	1903	1908	0008	0023
North Romford Chase Cross★	1007	1014	1024	1104	1834	1847	1902	1902	1902	1902	1902	1917	0017	0032
Havering Green	1010	1037	1107	1837	1847	1902	1902	1902	1902	1902	1902	1917	0017	0032
Stapleford Abbots How Green	1017	1044	1114	1844	1844	1902	1902	1902	1902	1902	1902	1917	0017	0032

Sundays (and National Public Holidays)

Rainham War Memorial	0714	0748	0820	0854	0927	1000	1033	1103	1130	1153	1217	1242	1306	1330	1355	1420
Dagenham East Station	0725	0759	0831	0905	0938	1011	1044	1114	1141	1204	1228	1253	1317	1341	1406	1431
Becontree Heath Civic Centre	0732	0806	0838	0912	0945	1018	1051	1121	1148	1211	1235	1300	1324	1348	1413	1438
Romford Station	0740	0814	0846	0920	0953	1026	1059	1129	1156	1219	1243	1308	1332	1356	1421	1446
Romford North Street Garage	0641‡	0713‡	0746	0820	0852	0926	0959	1032	1105	1135	1202	1225	1249	1314	1338	1402
North Romford Chase Cross	0650	0722	0755	0829	0901	0935	1008	1041	1114	1144	1211	1234	1258	1323	1347	1411
Rainham War Memorial	1444	1509	1533	1558	1622	1647	1711	1735	1759	1824	1837	1849	1914	1939	2003	2027
Dagenham East Station	1455	1520	1544	1609	1633	1658	1722	1746	1810	1835	1848	1900	1925	1950	2014	2038
Becontree Heath Civic Centre	1502	1527	1551	1616	1640	1705	1729	1753	1817	1842	1855	1907	1932	1957	2021	2045
Romford Station	1510	1535	1559	1624	1648	1713	1737	1801	1825	1850	1903	1915	1940	2005	2029	2053
Romford North Street Garage	1516	1541	1605	1630	1654	1719	1743	1807	1831	1856	1909	1921	1946	2011	2035	2059
North Romford Chase Cross	1525	1550	1614	1639	1703	1728	1752	1816	1840	1905	1918	1930	1955	2020	2044	2108
Rainham War Memorial	2141	2205	2230	2258	2327	2347	0008									
Dagenham East Station	2152	2216	2241	2309	2338	2358	0019									
Becontree Heath Civic Centre	2159	2223	2248	2316	2345	0005	0026									
Romford Station	2207	2231	2256	2324	2353	0013	0034									
Romford North Street Garage	2213	2237	2302	2330	2359	0019	0040									
North Romford Chase Cross	2222	2246	2311	2339	0008											

†—Time at Becontree Heath Bus Station. ‡—Time at Romford Parkside Hotel.



Note—This timetable is published as a guide to the general level of service, and timings are in many cases approximate. Every effort is made to maintain the scheduled service but this may from time to time be impossible owing to circumstances beyond London Transport's control. At Christmas, New Year, Easter, May Day, and Spring and Summer holiday weekends, some services have special timetables and some do not run at all. See notices on buses.

to Rainham (WAR MEMORIAL)

VIA ROMFORD, BECONTREE HEATH AND DAGENHAM EAST

*This Service is operated by **Pay As You Enter** buses.*

A flat fare of 20p (child 8p) applies for any journey.

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Mondays to Fridays ★—Between North Romford and Rainham buses run every 7-10 minutes until 1730.

Stapleford Abbotts How Green												0659	0729	0759	0829	0859	0929
Havering Green.....												0706	0736	0806	0836	0906	0936
North Romford Chase Cross★.....												0636	0656	0709	0740	0810	0939
Romford North Street Garage★.....												0644	0658	0704	0712	0717	0754
Romford Station★.....												0649	0656	0703	0709	0717	0722
Becontree Heath Civic Centre★.....												0704	0711	0717	0725	0732	0810
Dagenham East Station★⊖.....												0704	0711	0718	0724	0732	0739
Rainham War Memorial★.....												0715	0722	0729	0736	0744	0751
Stapleford Abbotts How Green												1819	1826	1832	1852	1859	1920
Havering Green.....												1806	1826	1832	1852	1859	1927
North Romford Chase Cross★.....												1809	1816	1823	1829	1832	1852
Romford North Street Garage★.....												1818	1825	1832	1838	1841	1901
Romford Station★.....												1824	1831	1840	1846	1906	1925
Becontree Heath Civic Centre★.....												1804	1840	1855	1915	1933	1933
Dagenham East Station★⊖.....												1812	1847	1902	1922	1940	1940
Rainham War Memorial★.....												1824	1859	1913	1933	1951	1951
Stapleford Abbotts How Green												0012	0020	0020	0020	0020	0020
Havering Green.....												0012	0020	0020	0020	0020	0020
North Romford Chase Cross★.....												0012	0020	0020	0020	0020	0020
Romford North Street Garage★.....												0020	0020	0020	0020	0020	0020
Romford Station★.....												0020	0020	0020	0020	0020	0020
Becontree Heath Civic Centre★.....												0020	0020	0020	0020	0020	0020
Dagenham East Station★⊖.....												0020	0020	0020	0020	0020	0020
Rainham War Memorial★.....												0020	0020	0020	0020	0020	0020

Saturdays ★—Between North Romford and Rainham buses run every 7-10 minutes from 1000 until 1800.

Stapleford Abbotts How Green	0733	0803	0833
Havering Green	0740	0810	0840
North Romford Chase Cross★	0628	0658	0713	0728	0743	0758	0813	0828	0843	0858
Romford North Street Garage★	0500‡	0530‡	0600‡	0620‡	0636	0651‡	0706	0721	0736	0751	0806	1814‡	0821	0836	0851	0906	0914‡
Romford Station★≅	0505	0535	0605	0625	0641	0656	0711	0726	0741	0756	0811	1819	0826	0841	0856	0913	0921
Becontree Heath Civic Centre★	0513	0543	0603‡	0613	0633	0649	0704	0719	0734	0749	0804	0819	1827	0834	0849	0904	0921	0929
Dagenham East Station★⊖	0520	0550	0610	0620	0640	0656	0711	0726	0741	0756	0811	0826	1834	0841	0856	0911	0928	0936
Rainham War Memorial★	0531	0601	0621	0631	0651	0707	0722	0737	0752	0807	0822	0837	1845	0852	0907	0922	0939	0947
Stapleford Abbotts How Green	0902	0930	0959	1729	1757	1827	1849
Havering Green	0909	0937	1006	1736	1804	1834	1856
North Romford Chase Cross★	0912	0940	1009	Then every 30 mins. until	1739	1747	1807	1822	1837	1852	1859	1907	1915	2322	2337	2352	0007	0022
Romford North Street Garage★	0922	0950	1020		1750	1758	1815	1830	1845	1900	1907	1915	1920	2330	2345	2400	0015	0030
Romford Station★≅	0929	0957	1027		1757	1805	1820	1835	1850	1905	1912	1920	1920	2335	-----	-----	-----	-----
Becontree Heath Civic Centre★	0937	1007	1037		1807	1813	1828	1843	1858	1913	-----	1928	1928	2343	-----	-----	-----	-----
Dagenham East Station★⊖	0944	1014	1044		1814	1820	1835	1850	1905	1920	1935	1935	2350	-----	-----	-----	-----
Rainham War Memorial★	0955	1025	1055		1825	1831	1846	1901	1916	1931	1946	1946	0001	-----	-----	-----	-----

Additional buses, Saturdays: North Romford Chase Cross to Romford Station at 1754

North Romford Chase Cross to Romford North Street Garage at 1802, 1827, 1832.

Sundays (and National Public Holidays)

North Romford Chase Cross.....	0656	0729	0801	0834	0907	0940	1013	1046	1119	1150	1216	1240	1304	1329	1353	1418		
Romford North Street Garage.....	0631‡	0704	0737	0809	0842	0915	0948	1021	1054	1110‡	1127	1158	1224	1248	1312	1337	1401	1426
Romford Station ➡.....	0636	0709	0742	0814	0847	0920	0953	1026	1059	1115	1132	1203	1229	1253	1317	1342	1406	1431
Becontree Heath Civic Centre.....	0644	0717	0750	0822	0855	0928	1001	1034	1107	1123	1140	1211	1237	1301	1325	1350	1414	1439
Dagenham East Station ⊕.....	0651	0724	0757	0829	0902	0935	1008	1041	1114	1130	1147	1218	1244	1308	1332	1357	1421	1446
Rainham War Memorial.....	0702	0735	0808	0840	0913	0946	1019	1052	1125	1141	1158	1229	1255	1319	1343	1408	1432	1457
North Romford Chase Cross.....	1443	1507	1531	1556	1620	1645	1710	1734	1758	1822	1847	1912	1924	1936	2001	2026	2050	
Romford North Street Garage.....	1451	1515	1539	1604	1628	1653	1718	1742	1754‡	1806	1830	1855	1920	1932	1944	2009	2034	2058
Romford Station ➡.....	1456	1520	1544	1609	1633	1658	1723	1747	1759‡	1811	1835	1900	1925	1937	1949	2014	2039	2103
Becontree Heath Civic Centre.....	1504	1528	1552	1617	1641	1706	1731	1755	1807	1819	1843	1908	1933	1945	1957	2022	2047	2111
Dagenham East Station ⊕.....	1511	1535	1559	1624	1648	1713	1738	1802	1814	1826	1850	1915	1940	1952	2004	2029	2054	2118
Rainham War Memorial.....	1522	1546	1610	1635	1659	1724	1749	1813	1825	1837	1901	1926	1951	1963	2015	2040	2105	2129
North Romford Chase Cross.....	2114	2138	2203	2228	2252	2317	2346	0013	0025	0040	0055	0110	0125	0140	0155	0210	0225	0240
Romford North Street Garage.....	2122	2146	2211	2236	2300	2325	2354	0021	0033	0048	0063	0078	0093	0108	0123	0138	0153	0168
Romford Station ➡.....	2127	2151	2216	2241	2305	2330	2359	0026	0038	0053	0068	0083	0098	0113	0128	0143	0158	0173
Becontree Heath Civic Centre.....	2135	2159	2224	2249	2313	2338	2367	0034	0046	0061	0076	0091	0106	0121	0136	0151	0166	0181
Dagenham East Station ⊕.....	2142	2206	2231	2256	2320	2345	2374	0041	0053	0068	0083	0098	0113	0128	0143	0158	0173	0188
Rainham War Memorial.....	2153	2217	2242	2307	2331	2356	2425	0052	0104	0119	0134	0149	0164	0179	0194	0209	0224	0239

†—Time at Becontree Heath Bus Station.

†—Time at Romford North Street/The Avenue.



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